

epoch

BREAKFAST

HEALTHY START

Fruit & Yogurt *v, gf* 8
 Fresh Fruit & Berries | Greek Yogurt
 Honey | House-made Granola

Oatmeal *vg, gf* 7
 Maine Grains Steel Cut Oats | Golden Raisins
 Brown Sugar | Fresh Berries

Veggie Toast *vg* 9
 Whole Grain Bread | Avocado | Roasted Tomato
 Dowie Farm Sprouts | Vinaigrette

Lox & Bagel 14
 Poppyseed or Plain Bagel | Smoked Salmon
 Capers | Cream Cheese | Pickled Red Onion

GRIDDLED

Fluffy Buttermilk Pancakes *v* 9
 Journey's End Farm Maple Syrup
 Whipped Butter

French Toast *v* 10
 Journey's End Farm Maple Syrup
 Whipped Butter

Add: Berries & Cream 2 | Blueberries 1
 Chocolate Chips 1

EGGS

Build Your Own Cage Free Egg Omelet *v* 10
Pick three ingredients
 Tomato | Peppers | Mushroom | Spinach
 Onion | Broccoli | Ham | Sausage
 Bacon | Vermont Cheddar
 Breakfast Potatoes | Choice of Toast

Classic Breakfast *v* 11
 Two Eggs Any Style
 Choice of Canadian Bacon,
 Applewood Smoked Bacon,
 North Country Smokehouse Breakfast Sausage
 Breakfast Potatoes | Choice of Toast

Garden Patch Scramble *v* 10
 Scrambled Eggs | Peppers | Onions | Mushrooms
 Spinach | Tomato | Vermont Cheddar
 Breakfast Potatoes | Choice of Toast

Hash & Eggs 13
 House Corned Beef Hash | Vermont Cheddar
 Two Poached Eggs | Choice of Toast

Chilaquiles *v, gf* 11
 Corn Tortillas | Salsa Verde | Jack Cheese
 Two Eggs Any Style | Sour Cream

A LA CARTE

One Egg	2	Silver Dollar Pancakes	5
Fruit	4	Yogurt	3
Applewood Smoked Bacon	5	Granola	3
Canadian Bacon	5	Toast	3
North Country Smokehouse Sausage	5	Gluten Free Toast	4
Corned Beef Hash	6	Bagel	4
Breakfast Potatoes	3	Avocado	4

BEVERAGES

Boston's Best Coffee	4	Fruit Juice	4
Regular Decaf		Orange Cranberry Grapefruit Apple	
Espresso	5	Milk	3
Cappuccino or Latte	6	Chocolate Milk	4
Harney & Son's Tea	4	Hot Cocoa	3
Mimosa	10	Bloody Mary	11

Executive Chef ~ Tyler Brooks
 Sous Chef ~ Megan McCartney

V - Vegetarian VG - Vegan GF - Gluten Free GFB - Gluten Free Bun Available

Before placing your order, please inform your server if a person in your party has a food allergy.

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.*